

introducing RESILIENCY. SUPPORT. THERAPY.



WHO

An employee assistance program specifically for victim service providers in North Dakota wanting to address the impact of working in high stress and trauma-exposed fields.

WHAT

Individual sessions focused on building resilience for working in trauma-exposed fields, low-impact debriefing, vicarious trauma support, or evidence-based therapy for vicarious trauma.

WHERE

RST has designated providers with specialty training and expertise in treatment of trauma and vicarious trauma. Select a RST provider and call to schedule your confidential session either in-person or via telehealth.



Address the *impact* of working with
high stress and exposure to trauma



rst designated providers

Contact one of the following providers to schedule a session



June Forde M.S., LPCC
Forde Counseling Services
Fargo, ND
701.639.6493
40pfeifer.com



James Pfeifer M.S., LPCC
Pfeifer Counseling Services
Fargo, ND
701.639.6497
40pfeifer.com



Tessa Sicble M.S., LPC
Mindful Health
Counseling & Wellness
Bismarck, ND
701.751.0302
mindfulhealthnd.com



FREE!

RST is grant funded and is no cost to victim service providers and their employers

Sessions Available Now → Don't Delay

YOUR HEALTH & WELL-BEING IS A PRIORITY!